

# Back Bay Farm Newsletter January 2009



## Winter Warm-Ups

For all riders, during cold weather please take extra time to warm up your horse at a vigorous walk before trotting, lots of trot circles, etc. before cantering. Before lessons get your horse in the ring a few minutes early to warm-up properly.

## Winter Horse Care

Legs still need attention, check under long hair for scratches, cuts, bumps. Thrush is prevalent in wet conditions. Ask for help if you have questions, or if you see or feel anything unusual.

## Footing Upgrade

The indoor ring has just been leveled with new footing put down to help our steeds get through winter comfortably.

## Moms Invited

Come for coffee, riding & horsemanship refresher on Tuesdays 12-2 p.m. If you'd like to learn or try sitting in the saddle again, come sign up for some fun low-key sessions. Ask Joy for info.

## NSHA Banquet

All are welcome to join BBF: Jan 17th Danvers Yacht Club for dinner/awards.

## Zsa Zsa Update

Zsa Zsa recently had a very involved surgery to remove a tumor from her intestine. Happily, she pulled through but is on a special restricted diet & rest. She should not be fed any treats.

## Jackson 3<sup>rd</sup> NEHC Hunters

Congrats to Ali & Jackson finishing the year 3<sup>rd</sup> in the adult hunters for NE!  
\*Everyone, be sure to add your horse's name to your MA & NE memberships to accrue these points for year-end awards.

## Volo Winter Show

Weather permitting, we will attend Volo's show Jan 25<sup>th</sup> in Westford, MA. All medals to be held, including Ariat.

**R2D2** and **Dunraven** are also available to lease for the upcoming show season.